



## //Theo Pascal

<https://theopascal.com>

<https://facebook.com/theopascalofficial>

<https://instagram.com/theopascalmusic>

<https://youtube.com/theopascalchannel>

Spotify: <https://open.spotify.com/artist/6GBhUxU7zjbpB8LXvkMcpG>



**NEW ALBUM - Theo Pascal - QUAMUNDOS 2 Ft Carmen Souza**

**Recorded with the support of ARTS COUNCIL ENGLAND**

**Release: 20/05/2022**

**Label: Galileo Music**

**ALBUM: <https://www.galileomusic.de/sml/25140>**

**DOWNLOAD SINGLES HERE:**

<https://soundcloud.com/theopascal/sets/new-album-quamundos2-theo-pascal>

**VIDEO PLAYLIST:**

[https://www.youtube.com/playlist?list=PL06Lna8Ydu7Qkl16eSUAO\\_6bgUHgH\\_8d](https://www.youtube.com/playlist?list=PL06Lna8Ydu7Qkl16eSUAO_6bgUHgH_8d)

**VIDEO EPK:** <https://youtu.be/HYqZDv2JyTI>

**// Press release**

Theo Pascal, a Master of Arts, bassist, composer and pioneer producer in the Lusophone music with jazz influences is mainly known for his work with award-winning artist Carmen Souza.

Now he leads QUAMUNDOS2, a powerful multicultural group that includes musicians of Portuguese/Lusophone origin and features CARMEN SOUZA and saxophonist Lenny Sendersky.

QUAMUNDOS, which means "union of people" in Kimbundu-Angolan dialect, contemplates a world where differences are respected and valued, at a time when we need more cohesion and humanity.

Pascal, whose father was a missionary Pastor within the African communities in Portugal in the 70's, explores his DNA roots from the North and South of Portugal and his long-term connections with Lusophone Africa. His music is also an expression of how he perceives modern contemporary music.

QUAMUNDOS2 is a musical locomotive of infectious grooves, unexpected arrangements and improvised curves.

**// Musicians:**

Theo Pascal (PT) - Electric bass, Synths and samplers

Carmen Souza (PT/CV)- Acoustic piano, rhodes, vocals

Mick Trovoada (S.Tomé/Angola/PT) - Percussion

Lenny Sendersky (Israel) - Alto and soprano Sax, flute

Zoe Pascal(PT/CV/UK) - Drums (Tracks 4, 5, 6, 8)

Ivo Costa (PT/Mozambique)- Drums (Tracks 1, 2, 3, 7, 9,10)

India Pascal (PT/CV/UK) - Synths (Tracks 3, 10)

Orlanda Guilande (PT/Mozambique) - Vocals (Tracks 9)

**// Album credits:**

All arrangements & music by Theo Pascal

Recorded, edited, mixed and mastered by Theo Pascal at SESSIONS STUDIOS ([thisissessions.com](http://thisissessions.com)) in Lisbon and London

Produced by Theo Pascal, co-produced by Carmen Souza

Executive Production by Patricia Pascal

Photos by Patricia Pascal ([patriciapascal.com](http://patriciapascal.com))

**// Production concept by Theo Pascal:**

*"Tracking with Vintage gear BBC 70's preamps and mics, with minimum of processing, such as compressor, reverbs etc, using natural spaces from the live room, preserving raw sound from the instruments and natural reverberations on the recording and mixing."*

## // Biography

Theo Pascal is one of the most talented and inspired Portuguese multi-instrumentalist-composer-producers in the Worldmusic/Lusophone/Jazz scene.

He has been playing professionally since he was 13 years old and has a strong background of tours in Europe, North America, Africa and Asia as a solo artist, bass player and musical director.

He recorded several albums as a session player or invited musician with Portuguese and African artists from Cape Verde, Mozambique, Angola and Guinea Bissau (Carmen Souza, Sara Tavares, Ildo Lobo, Maria Alice, Eneida Marta, D.Kikas). Recorded next to musicians like Bob Mintzer, Dave Weckl and Tom Kennedy, etc and was directed by artist Lokua Kansa - one of the most talented African singer/musician/producer in the world, working in France.

Theo Pascal was Sara Tavares's bass player in the first 8 years of her career and her Musical Director for the 'MI MA BÔ' album tour until he decided to leave the project in 2001 to pursue his own solo work.

His first solo album, released in 2001 - Quamundos - received great reviews from the Portuguese Press and international music community and entered playlists in Portuguese radios like Antena 3 or RDP Africa Radio - the Portuguese representative of EBU and World Music Charts. 'Mutebass' and 'Different Moon', two of Quamundos's songs, entered the playlist at KDFM 94.1 Berkeley USA Radio in a World Music Program directed by Kutay Derin Kugary, at the time, the co-founder and program director of the San Francisco World Music Festival, making it to other several radio programs around the world.

In 2001, this was the first solo album ever released in Portugal by a Bass player.

In 2002, Theo Pascal was the producer and musical director in the Political campaign of Durão Barroso, who ended up being elected Portugal's Prime Minister and later the President of the European Commission for several years.

Before his 30's, he founded his own independent record label - TheoOTheZz (re-named Jazzpilon when he moved to UK) - and in 2003 signed a publishing deal with one of the biggest independent publishers in the World - PEERMUSIC.

Pascal was the first Portuguese artist to sign with Peermusic.

Between the years of 2002 and 2011, besides his 2 solo albums - 'Quamundos' (2001) & 'Motive' (2005), he produced more than 20 CD's with several Portuguese, African, Brazilian artists and was the mentor of 2 pioneering Portuguese projects supported by major leading telecommunication companies:

PT Communications (Currently ALTICE) and Alcatel Portugal.

'PT Project' and 'Alcatel Rec' were projects conceived to discover new musical talents in the Portuguese scene across different styles -World Music, African music, Jazz, Fusion, Fado, etc. With Alcatel Rec the search was done using the Internet something pioneering at the time. Both projects included

Theo Pascal's production of a music/video compilation and 3 major live music events in Lisbon and Oporto.

In 2003, after discovering Carmen Souza back in 1999 in an audition for one of his projects, he started producing and co-writing Souza's debut album and in the process both created a unique sound signature that reflected their love for Jazz, Souza's Cape Verdean heritage plus other Lusophone influences.

All 9 albums produced and co-written by Theo Pascal with Carmen Souza gathered an impressive amount of amazing reviews from the International press justifying several Awards and nominations plus more than a decade of consecutive tours around the World.

In 2008 Pascal moved his base to London, a geographic and strategic decision that would impact his career development and increase his mobility for touring in Europe.

Pascal compositions have been included in several international playlists and broadcasted live by major TV/Radio stations like BBC Radio 3 (UK), Vrije Geluiden (NL), CBC (CA), RDP/RTP Africa (PT), CONCERTZENDER (NL), WDR/3Sat (DE), etc.

He also composed and produced several sound station ID 's for Portuguese major TV Channel's: SIC Noticias and RTP2.

In 2016 was shortlisted by BLITZ MAGAZINE (the only music magazine in Portugal) as one of the best bass players in Portugal from the Previous 30 years.

In 2019, just before Covid 19 quarantine, Pascal together with Carmen Souza released a CD called 'The Silver Messengers' in tribute to Horace Silver.

The album got into all the press charts for World Music and Jazz in Europe: World Music Charts Europe, Transglobal World Music Chart, Europe Jazz media chart. The album was FIP selection album in France and got 4 Star reviews on Downbeat magazine (USA), Songlines (UK), amount other 4 & 5 Star reviews around the world. With this album, Carmen Souza was the cover story at Jazzthetik Jazz magazine, one of the main Jazz magazines in Germany.

In the USA the album was on the radio Jazz charts for 11 months.

Aside from being Carmen Souza's composer and producer, Theo Pascal is also her musical director, bass player and double bass player and is currently touring with The Silver Messengers album while co-writing Souza's next album.

In 2020, Pascal, finish his studies and was awarded a Master's Degree with Distinction in Creative music production/Mixing and Mastering by the Institute of Contemporary Music Performance in London/UK.

In 2021, Theo Pascal solo album QUAMUNDOS2 received funding from Arts Council England and, after some delays due to the current global instability, was released on MAY 20 2022 by Galileo Music.

The first single - MUTEBASS was released on Sep.14 2021 and the LIVE SHOW premiered to a sold out audience at the 33rd Mercat de Musica Viva de Vic in Spain.

## **// Discography**

### **Theo Pascal - Quamundos (2001) - TheOoThezz**

### **Theo Pascal - Motive (2005) - TheOoTheZz**

Carmen Souza - Ess ê Nha Cabo Verde (2005) -TheOoTheZz

Carme Souza -Verdade (2008) - Galileo Music

Carmen Souza -Protegid (2010) - Galileo Music

Live cd: Carmen Souza Feat Theo Pascal-London Acoustic Set (2012)- Galileo Music

Carmen Souza - Kachupada (2013) - Galileo Music

Live cd/dvd: Carmen Souza - Live at Lagny jazz festival (2014) - Galileo Music

### **Carmen Souza & Theo Pascal - Epistola (2015) Galileo Music**

Carmen Souza - Creology feat Theo Pascal (2017) Galileo Music

Carmen Souza -The Silver Messengers (2019) Galileo Music

### **Theo Pascal - Quamundos2 (2022) Galileo Music**



## // REVIEWS

"A word from the Kimbundu-Angolan, Quamundos (union of peoples), magnifies diversity, promotes the beauty of difference. He advocates cohesion, humanity between peoples....Quamundos2 are ten tracks, all stopovers in the bassist's musical wanderings. And in which the finesse of the accuracy of the bass playing is the guiding thread with the other instruments which are deployed there with the same dexterity. A true narration of the music that punctuates the universe of Theo Pascal. From Angola to India via Mozambique and Cape Verde, Quamundos2 merges rhythms....An energetic album, that grooves, pulsates, and swings. If it is commonly accepted that music is already a journey in itself, we still love when we make it travel as Theo Pascal does majestically in this album."

**J-Jacques Dikongué at <https://tribune2lartiste.com>, FR**

"A bubbling cosmos of sound that never overflows, but is beautifully structured and invites you to exciting listening adventures."

**Christoph Giese, [virgin-jazz-face.de](http://virgin-jazz-face.de), DE**

### **CD of the Week – Okerwelle Radio , DE**

"...The Portuguese-inspired jazz combines elements from Latin jazz and, especially in the rhythm area, from world music. The drums and percussion area in particular is enormously complex and offers the other musicians a secure yet extremely varied foundation on which the music, generated by enormous presence, can then unfold its charm freely. Short fusion interjections alternate with Latin influences or even oriental-sounding passages. The special thing about it: Although the music sounds very dense, many instruments can rarely be heard at the same time. There is always room for each individual who makes music individually and yet at the same time as part of the entire ensemble. And yes, it's the rhythm department that sets the direction and mood, often with Theo Pascal's bass, which is sometimes really funky....A great album...guarantees a good mood, sounds fantastic and gives you a deep insight into the implementation of the musicians' diverse and different ideas!"

**Claus Volke,  [hoeren-und-fuehlen.de](http:// hoeren-und-fuehlen.de), DE**

"Hörbar is travelling to Portugal today with the new album by Theo Pascal, an absolutely exceptional musician. Considered one of the best bass players in the world, he is a real doer, multi-instrumentalist, composer and producer. On his new album "Quamundos 2" he leads an energetic collective of Portuguese musicians, who in turn have diverse musical connections to Angola, Mozambique, Cape

Verde and India. This makes their joint sound exciting and varied in style and instrumentation." [Bianca Schwarz, Hr2-Kultur, DE](#)

"Quamundos2 is one of those albums that involve us with its contagious sound and rhythm and leaves us at the center, always waiting for the surprise that will come next. With every repeated listen we discovery details in the multilayered sound that it provides and where everything comes together perfectly... a beautiful mix where all the sounds are perfectly distinguished without colliding with each other. This is one of the albums that will always be referenced in my CD collection."

**Jaime Bingre Amaral, Rádio Universidade de Coimbra, PT**

"The bassist, composer and producer Theo Pascal recorded a gripping lusophone jazz and world music album...jazzy numbers with a beautiful interplay between bass and saxophone and in between the Rhodes says something and short interjections of scat vocals when the vocals are not in the lead. The drums and percussion drive the whole thing, but always very light and airy. It's danceable jazz with a lot of world music and very unique. A terrific album."

[Fredi Hallauer, Musikglobal, DE](#)

"Theo Pascal is one of the most gifted bassists on the planet. His mastery of notes is impressive, his command of an expressive elasticity shapes these notes. His pizzicato technique is virtuoso as is his con arco playing. Stark timbers define his playing especially in his continuo. Quaver octaves are clean and dramatically stressed from fz to p. Implicit in this is a sense of pleading which could turn on a dime to reflective nobility. His performance here is shaped by this kind of iridescence that is simply hard to find these days."

**Raul da Gama, theworldmusicreport.com, CA**

"Instrumentista e compositor de exceção...Theo Pas'cal" **Blitz, PT**

**5 STARS** "One gets the feeling she's a team player and indeed with Pas'cal's compositions, strong instrumental performances and Souza's empathy, it is this feeling of genuine music-making that shines through this collection."

**Culture Capital, UK**

"...her collaborator, skilled bassist Theo Pas'cal provides a fabulous counterpoint with his elegant bass..." **World Music Central, USA**

**4 Stars** "...em duo com o seu co-compositor de longa data, Theo Pas'cal, London Acoustic Set. Descarnado e cru mas de uma beleza intensa..."

**TIME OUT LISBOA, PT**

**4/5 Stars:** "Souza and her long-term collaborator Theo Pas'cal (the virtuoso Portuguese bassist) distil the raw flavours of Cape Verdean music, transforming them with the chemistry of modern jazz harmony and rhythms, and the experimentalism of the Brazilian avant-garde before serving them up as something altogether new and startling." **Songlines, UK**

"With Theo Pas'cal-"mentor, friend, producer and fellow traveler"-has been building a unique style...after the deceased Orlando Pantera, she is the musical expression of modernity in the Cape Verdean roots."

**A.L.N, JORNAL EXPRESSO, PT**

"Carmen and Theo present themselves in a raw, undisturbed, and unbreakable demonstration that regardless of the radicalism of their proposal, the lush inner beauty and exuberant objectivity is never compromised!" **MBARI, PT**

"...Pas'cal is an equally exceptional bassist - long renowned as one of Portugal's leading exponents as well as composers and producers in the jazz and world music scene...Carmen Souza Duo Feat. Theo Pas'cal's *London Acoustic Set* is an absolute must have for jazz and world music aficionados alike, as well as for just about anybody who loves good music."

**Rainlore's World of Music, UK**

" Le bassiste Theo Pas'cal, son fidèle complice depuis onze ans qu'elle present simplement comme "le meilleur mec sur terre"...c'est sur des ballades que la chanteuse est la plus touchante. Theo Pas'cal troque sa basse électrique pour une contrebasse et tisse un tapis sonore qui dévoile toute la dimension de cette voix d'exception. "

**Étienne Geremia, VIBRATIONS MAGAZINE, FR**

**FFFF** " Encore une fois, son mentor et arrangeur en chef Théo Pas'cal (basse, percussions et contrebasse) a fait du beau travail. Le tout est sobre, Frais, irresistible."

**Anne Berthod, TÉLÉRAMA, FR**

" Theo Pas'cal, bassiste et Jazzman portugais, a produit et arrange l'album. Deux belles surprises pour les jazzfans: des versions assez incroyables de Donna Lee et de...My Favourite Things." **JAZZ MAGAZINE, FR**

"Avec son collaborateur, le bassiste Theo Pas'cal, la chanteuse cap-verdienne transcende la musique traditionnelle de son pays..."

**VIBRATIONS MAGAZINE, FR**

"Carmen Souza and Theo Pas'cal team up again on this record and the results are sensational."

**Splinters & Candy Radio show, WVKR.org, USA**

"Bassist Theo Pas'cal is often equal footing with his colleague on the stage. He solos downright excellent and very persistent, both on the electric bass as well as on the double bass.

Together with pianist Jonathan Idiabonya creates Theo Pas'cal the ideal tonal environment for the sophisticated vocal lines of Carmen Souza..."

**Hersfelder NEWSPAPER, DE**

"...este disco tiene una fuerza musical que va creciendo con cada escucha, y me da que este Pas'cal es el responsable...." **B!Ritmos, SP**

" En su tercer album tiene una importancia determinante Theo Pas'cal, bajista, arreglista y productor..." **Ramon Súrío, La Vanguardia, SP**

"estupendo contrabajo jazzístico de Theo Pas'cal  
estupendo contrabajo jazzístico de Theo Pas'cal..."

**José Manuel Pérez Rey, Distrito Jazz, SP**

"M'sta Li Ma Bô! con el que abre, aparte de esas cuerdas espectaculares de Theo Pas'cal en el bajo y resto de instrumentos..."

**Ángel Fraile, Ritmos del Mundo Magazine, SP**

**Theo Pascal Management**

**Patricia Pascal**

**[pascal@thissessions.com](mailto:pascal@thissessions.com)**

**Whatsapp: 00447799500179**